Hola María,

¿Cómo estás, mi amiga? Estoy, Neeraj, tu compañero de la escuela. Escucho tiene muchos problemas de salud y vida. ¿Tiene el estress o no tiene tiempo? Ayudo tú para la tarea, y, ahora, ayudo tú para tu vida.

Primero, necesitas no estress. Debes hacer la medita, debes también dormir, y pasar el rato con tus amigos. Los amigos ayudan tu para relajarse en el tiempo libre y es una buena idea para divertido. Además, reservas una masaje para 30 minutos con una tienda cerca de tu casa.

Para relajarse, yo miro la televisión y tú debes también. Cuando quieres, usar la computadora para descansar. Puedes jugar los video juegos para 15 minutos. No jugas mucho, or es mal para los ojos!

Entonces, necesitas el tiempo para tú. No haces mucho tiempo durante del día, y no debes muchas cosas para hacer. Escribe en una cuaderno para los planes para la semana.

Cuando una persona no tiene una vida buena, la persona tiene un salud malo. ¿Quieres un cuerpo con
Mucha grasa, y no energía? No pienso. Personas con mucho colesterol tienen ataques cardíacos.

Finalmente, la comida es importante. Muchas cosas incluyen los productos diarios, los carbohidratos, las proteínas, vegetales, y un poco sal y azúcar. Los productos diarios son leche, queso, y el helado. Los carbohidratos son pan, y las tostadas (para el desayuno). Las proteínas son los huevos, el carne, pescados, el pollo, y otras animales. Vegetales son brocoli, y los zanahorias. Todas cosas son bueno para tu cuerpo y tu mental.

María, el estres, el relajarse, y descansas son importante. Necesitas todas cosas para una vida equilibrada, y una vida buena.

¡Adiós!

Tú amigo

[Signature]
### INTERMEDIATE LOW PRESENTATIONAL RUBRIC

**Tiempo para mi...me encanta**

<table>
<thead>
<tr>
<th>PRESENTATIONAL TASK</th>
<th>EXCEEDS EXPECTATIONS</th>
<th>MEETS EXPECTATIONS</th>
<th>DOES NOT MEET EXPECTATIONS</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Vocabulary use</strong></td>
<td>You use a wide variety of vocabulary both old and new.</td>
<td>You use some variety of vocabulary with few repetitions</td>
<td>You use little variety, with many repetitions</td>
</tr>
<tr>
<td>Are your vocabulary choices appropriate and effective?</td>
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<tr>
<td><strong>Comprehensibility</strong></td>
<td>a) You are easily understood **. b) your ideas were clear</td>
<td>a) You are generally understood with minimal difficulty **. b) most ideas are clear</td>
<td>a) You are understood with difficulty **. b) Your ideas were not clear</td>
</tr>
<tr>
<td>Can you be understood? How clear are your ideas?</td>
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<tr>
<td><strong>Text Type</strong></td>
<td>You create with the language using sentences and strings of sentences</td>
<td>You create with the language using simple sentences with some attempts to connect sentences</td>
<td>Most of your language consists of memorized phrases; you include some simple sentences</td>
</tr>
<tr>
<td>How do you put your words together?</td>
<td></td>
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<tr>
<td><strong>Language Control</strong></td>
<td>You are highly accurate when producing simple sentences in the present tense. Accuracy may decrease as language becomes more complex.</td>
<td>You are generally accurate when producing simple sentences. Accuracy may decrease when language becomes more complex,</td>
<td>You are mostly accurate with memorized phrases. Accuracy may decrease when attempting to create with language. Accuracy interferes with comprehension</td>
</tr>
<tr>
<td>How accurate is your language?</td>
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<tr>
<td><strong>Impact</strong></td>
<td>You inspire Marla to take better care of her self.</td>
<td>Maria is somewhat inspired and thinks about taking better care of her self.</td>
<td>Maria is not inspired and continues with her old habits.</td>
</tr>
<tr>
<td>How well do you take risks, use humor, are able to relate to Marla, provide many examples, give realistic advice, appeal to your age group?</td>
<td>You take risks, use humor, are able to relate to Marla, provide many examples, give realistic advice, appeal to your age group</td>
<td>You take some risks, use some humor, are able to relate to Marla, provide some examples, give advice, appeal somewhat to your age group</td>
<td>You don't take any risks, don't use humor, are unable to relate to Marla, don't provide examples, give unrealistic advice, do not appeal to your age group</td>
</tr>
<tr>
<td><strong>Communication strategies</strong></td>
<td>You organize your letter in a logical manner. Opening and closing</td>
<td>You mostly organize your letter in a logical manner. Generally has opening and closing Organization evident Ideas generally connected.</td>
<td>You focus mostly on the completion of the task; you do not pay much attention to organization and flow of your presentation.</td>
</tr>
<tr>
<td>How organized and fluent is your presentation?</td>
<td>Logical progression of ideas Well organized Ideas connected</td>
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<tr>
<td><strong>Cultural Awareness</strong></td>
<td>You use some culturally appropriate vocabulary and idiomatic expressions</td>
<td>You occasionally use culturally appropriate vocabulary and idiomatic expressions</td>
<td>You barely use culturally appropriate vocabulary and idiomatic expressions</td>
</tr>
<tr>
<td>How well do you demonstrate cultural understanding?</td>
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</tbody>
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